

Free Fall: A Psychological Thriller

By Nina Atwood

Book Club Discussion Guide



What are some of the major themes of this book?

What do you think the author was trying to accomplish with this novel?

Who was your favorite character, and why?

Consider the contrast: Hannah Lee is wildly successful in her career but struggles in her personal life. What would that be like? Have you had that experience in some form in your life?

Which of the events in the book seemed most relevant to your own life?

How did you feel about Ryan? Did you lean more toward contempt or compassion for him? Why?

What major life or relationship “truths” did the story tell or highlight?

What quotes, passages, or scenes did you find particularly compelling?

What parts of the book did you think were unique, thought-provoking, or disturbing?

How did you feel about the end? Were you satisfied? Dissatisfied?

How do you picture the characters’ lives after the end of the story?

Readers: Thank you for reading the book and for caring enough to take it to your book club and discuss it! I appreciate you. – Nina Atwood